Board Candidates

Victoria DeAngelis

I've been a member for probably 15 years? Maybe more? I haven't served on any committees, though I have wanted to get more involved.

My professional background is as a journalist, writer, editor, and PR person. I'm good at making written/graphic material sing. In terms of community involvement, I served for many years as the PR person for Women Transcending Boundaries, a local interfaith group that does a lot of community outreach.

Good question! The co-op has a wonderful vibe, and I'm wondering how we can spread its message of community and healthy food in a broader way. I think I need to learn more about how co-op leadership perceives its role in the community, and I can jump in with thoughts and ideas from there.

Elizabeth Hernandez

I recently signed up to be a member after learning about the Co-op. I was told about the Co-op by a peer and they explained how wonderful of a community it is. I used to be a part of a Co-op community before moving to Syracuse and have been looking for a similar community here in Syracuse. This seems to be it!

I am currently Syracuse City School District employee where I work as a 5th grade teacher in a dual language setting; this means I am very strong in collaborating with my peers and working with others to achieve a common goal. As a district employee, I have been asked to be math content liaison this year; this has allowed me to gain skills in helping co-workers with questions and offering guidance/feedback in their work.

My work before being employed by Syracuse was in Vermont where I worked at a camp called Farm & Wilderness. This was a camp designed to sustain a community using locally sourced (mostly ourselves) necessities in order for the community to thrive. I was the Outdoor Living Skills director, so I was in charge of coordinating all camping trips, organizing food and accommodations for ages 3-14 and the adults accompanying them. I was also in charge of raising our goat families and helping with caring for our farm/gardens.

I see our community as the city of Syracuse and beyond. This is the beautiful part of a Co-Op; it is a place where everyone is welcome and we support the people around us. I believe the role of the Co-op is to bring people together. It's a safe place to show of our cultures and try new things.
A Co-op is also a place for local vendors and workers to thrive. Somewhere sustainable so that healthy products can be supplied while supporting the community around it. It also provides a place for people to shop with confidence that the products they buy are provided by the people around them. Every experience I have had a Co-op is accepting and joyful and I would love to spread that joy.

As a person who has just bought a home and decided to setting in Syracuse for the next few years, I would be honored to be accepted into this community. This reminds me of home. I believe there are so many opportunities in Syracuse and learning about the Co-op has made me much more excited to live here. I know I am new, but I am willing to learn and grow. I am so excited to learn about this Co-op and can not wait to learn more!

Tracy Hogarth Mosier

I've been a member of the Syracuse Real Food Co-op for 15 years and currently serve as Vice President of the Board. Over that time, I've attended membership meetings and watched the co-op grow, and I'm proud to help guide its next chapter.

I've have served on several community-focused boards, where I've chaired committees and served as a board President previously. I understand the time, care, and commitment that board service requires.

I hold a BS in Environmental Science and Forestry from SUNY ESF and believe in living sustainably. Supporting food co-ops has been a guiding value throughout my life.

I see the co-op's role as helping our community eat healthier by offering high-quality food at fair prices. I'm committed to supporting the co-op as it builds community and champions sustainable living.

Zack Neville Young

I am a passionate member of the Co-op. My family and I frequent the Westcott location. I am proud of the Co-op's commitment to local, healthy food sourcing, and of our Food for All program that pulls more residents into member-ownership positions.

My professional background is in impact investment work, exploring how we can use financial tools to advance social benefit. In my career, I have built financial projections for small, local grocery stores, and have evaluated investments into grocery stores. I also have experience working alongside cooperatively owned businesses. I recently launched a nonprofit organization called The Greenhouse Project that supports and invests in mission-driven businesses. I bring expertise around financial analysis, business planning and strategy, and capital raising and structuring to the board.